

Physical education Test-10.

1. The term “Gambit” is associated with_____
a)Hockey b)Football
c)Badminton d)Chess
2. The term “Under Promoting” is associated with_____
a)Hockey b)Football
c)Tennikoit d)Chess
3. The term “Resign” is associated with_____
a)Hockey b)Football
c)Tennikoit d)Chess
4. The term “Anti Loop” is associated with_____
a)Table Tennis b)Football
c)Tennikoit d)Chess
5. The term “Twiddle” is associated with_____
a)Table Tennis b)Football
c)Tennikoit d)Chess
6. The term “Angled Drive Serve” is associated with_____
a)Table Tennis b)Badminton
c)Tennikoit d)Ball Badminton
7. The term “Deuce play” is associated with_____
a)Table Tennis b)Throw ball
c)Tennikoit d)Chess

8. The term “Flick Serve” is associated with_____

- a)Table Tennis b)Badminton
- c)Tennikoit d)Ball Badminton

9. The term “Amar” is associated with_____

- a)Table Tennis b)Kabaddi
- c)Tennikoit d)Ball Badminton

10. The term “Geminee” is associated with_____

- a)Table Tennis b)Kabaddi
- c)Tennikoit d)Ball Badminton

11. The term “Imaginary Lines” is associated with_____

- a)Carrom b)Kabaddi
- c)Tennikoit d)Ball Badminton

12. The term “Late cut” is associated with_____

- a)Table Tennis b)Cricket
- c)Tennikoit d)Ball Badminton

13. The term “Windmill service” is associated with_____

- a)Table Tennis b)Volleyball
- c)Tennikoit d)Ball Badminton

14. The term “Roll-in” is associated with_____

- a)Table Tennis b)Kabaddi
- c)Tennikoit d)Hockey

15. The term “Short Corner” is associated with_____

- a)Table Tennis b)Kabaddi
- c)Football d)Hockey

16. The term “Blind side” is associated with _____

- a)Table Tennis b)Kabaddi
- c)Football d)Hockey

17. “Merdeka cup” is associated with game of

- a)Hockey b)Football
- c)Cricket d)Kabaddi

18.The teeth adjacent to incisors are

- a)Canines b)Molar
- c)First pre Molar d)Second pre Molar

19. “Stensen’s duct” is otherwise called as

- a)Parotid b)Sub-lingual
- c)Submandibular d)None

20.The blue print of human is made up of

- a)DNA b)RNA
- c)Cells d)Peptides

21. Who is father of Basketball is?

- a)James Nair Smith b) James Smith
- c)William Smith d)Nair James Smith

22.The food enters the digestive tract with

- a)Peristaltic movement b)Smooth movement
- c)Wave movement d)Bowel movement

23.Exchange of gases between blood and cells is

- a)Respiration b) Inspiration
- c)Internal Respiration d) External Respiration

24. Exchange of gases between blood and Lungs is

- a)Respiration
- b) Inspiration
- c)Internal Respiration
- d) External Respiration

25. Weakened bones can result from an over- secretion of the

- a)Parathyroid gland
- b) Thyroid gland
- c)Adrenal gland
- d)Pancreas

26. Which hormone stimulates the production of Estrogen and Progesterone?

- a)Gonadotropic
- b)Growth hormone
- c)Antidiuretic hormone
- d)Thyroid –stimulating hormone

27. The level of sodium in the blood is regulated by the secretion of

- a)Aldosterone
- b)Cortisol
- c)Oxytocin
- d)None

28. The site of Intelligence is ?

- a)Cerebrum
- b)Medulla
- c)Cerebellum
- d) Cortex

29. How many cranial nerves are there in our body

- a) 9 pairs
- b) 10 pairs
- c) 12 pairs
- d) 14 pairs

30. Which gland will produce melatonin?

- a)Pineal gland
- b)Pancreas
- c)Adrenal gland
- d)Thyroid gland

31. The dome-shaped muscle that plays an important role in breathing is the

- a)Diaphragm
- b)Alveolus
- c)Larynx
- d)Bronchus

32. Exercise is important for cardiovascular health because it

- a) Strengthens heart muscle
- b) Increases BP
- c) Slows heart beat
- d) None

33. RBC counts

- a) 4 Million to 6 Million
- b) 4 Lakhs to 6 Lakhs
- c) 4,000 to 6,000
- d) 1.5 Lakhs to 6 Lakhs

34. In Sparta, at the birth the child was inspected by

- a) State officials
- b) A king
- c) Relatives
- d) Slaves

35. In Sparta, how many boys were comprised in each company

- a) 64
- b) 54
- c) 56
- d) 50

36. In Sparta, The troop leaders were under direct control of the special state officer called

- a) Paidonomus
- b) Paid tribe
- c) Leader
- d) Eiren

37. In which age the Spartan was eligible for election to the senate

- a) 50 years
- b) 60 years
- c) 30 years
- d) 55 years

38. The Didascaleum schools run by

- a) Private
- b) Government
- a) Private & Government
- d) Military

39. In palaestra school, the boys were practiced by the

- a) With cloths
- b) Without any cloths
- c) With shirts
- d) Full uniform only

40. In Athens, In palaestra school was managed and controlled by its proprietor called

- a) Paidonomus b) Paid tribe
- c) Ephebus d) Eiren

41. "Barna-Bellack cup" is associated with game of

- a) Hockey b) Football
- c) Table Tennis d) Badminton

42. "Narang cup" is associated with game of

- a) Hockey b) Football
- c) Table Tennis d) Badminton

43. "Benson and Hedges cup" is associated with game of

- a) Hockey b) Football
- c) Basket Ball d) Cricket

44. In Athens generally the palaestra were located at places where facilities for

- a) Swimming and bathing b) Running track and swimming
- c) Swimming pool d) Boxing ring

45. The Didascaleum schools the curriculum consisted

- a) Reading b) Writing
- c) Arithmetic d) All this above

46. Hormos was done in honour of _____

- a) Diana b) Hormos
- c) Jesus d) King of pisa

47. Choose the correct statement

- 1) Retinol is vitamin A
- 2) Gopalamin is vitamin B9

- a) 1 only
- b) 2 only
- c) Both
- d) None of these

48. Choose the Wrongly matched pair

- 1) Auckland Cricket Ground- Australia
- 2) Lords Cricket Ground - England
- 3) Durban Cricket Ground- South Africa
- 4) Perth Cricket Ground - Australia

- a) 1 Only
- b) 3 & 4 Only
- c) 3 Only
- d) 3&2 Only

49. The ABO blood group was discovered by

- a) Hansteiner
- b) Hans Vaely
- c) Looreiner
- d) Landsteiner

50. Which of the following bones is considered a sesamoid bone

- a) Patella
- b) Femur
- c) Ethmoid
- d) Maxilla

You want more Details please contact :

G.SARAVANAN, PET.

CELL No-9843175552.

ALL THE BEST

Prepared by Mr.G.Saravanan.PET & Mr.V.Jaganraj.

PHYSICAL EDUCATION TEST-10, ANSWER KEY.			
1	D	26	A
2	D	27	A
3	D	28	A
4	A	29	C
5	A	30	A
6	B	31	A
7	B	32	A
8	B	33	A
9	B	34	A
10	B	35	A
11	A	36	A
12	B	37	B
13	B	38	A
14	D	39	B
15	D	40	B
16	C	41	C
17	B	42	D
18	A	43	D
19	A	44	A
20	A	45	D
21	A	46	A
22	A	47	A
23	C	48	A
24	D	49	D
25	A	50	A

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