Physical education Test-10.

1. The term “Gambit” is associated with________
   a)Hockey   b)Football
   c)Badminton d)Chess

2. The term “Under Promoting” is associated with________
   a)Hockey   b)Football
   c)Tennikoit d)Chess

3. The term “Resign” is associated with________
   a)Hockey   b)Football
   c)Tennikoit d)Chess

4. The term “Anti Loop” is associated with________
   a)Table Tennis b)Football
   c)Tennikoit d)Chess

5. The term “Twiddle” is associated with________
   a)Table Tennis b)Football
   c)Tennikoit d)Chess

6. The term “Angled Drive Serve” is associated with________
   a)Table Tennis b)Badminton
   c)Tennikoit d)Ball Badminton

7. The term “Deuce play” is associated with________
   a)Table Tennis b)Throw ball
   c)Tennikoit d)Chess

Prepared by Mr.G.Saravanan.PET & Mr.V.Jaganraj.
8. The term “Flick Serve” is associated with__________
   a)Table Tennis       b)Badminton
   c)Tennikoit         d)Ball Badminton

9. The term “Amar” is associated with__________
   a)Table Tennis       b)Kabaddi
   c)Tennikoit         d)Ball Badminton

10. The term “Geminee” is associated with__________
    a)Table Tennis       b)Kabaddi
    c)Tennikoit         d)Ball Badminton

11. The term “Imaginary Lines” is associated with__________
    a)Carrom             b)Kabaddi
    c)Tennikoit         d)Ball Badminton

12. The term “Late cut” is associated with__________
    a)Table Tennis       b)Cricket
    c)Tennikoit         d)Ball Badminton

13. The term “Windmill service” is associated with__________
    a)Table Tennis       b)Volleyball
    c)Tennikoit         d)Ball Badminton

14. The term “Roll-in” is associated with__________
    a)Table Tennis       b)Kabaddi
    c)Tennikoit         d)Hockey

15. The term “Short Corner” is associated with__________
    a)Table Tennis       b)Kabaddi
    c)Football          d)Hockey
16. The term “Blind side” is associated with__________
   a) Table Tennis  b) Kabaddi  
   c) Football  d) Hockey

17. “Merdeka cup” is associated with game of
   a) Hockey  b) Football  
   c) Cricket  d) Kabaddi

18. The teeth adjacent to incisors are
   a) Canines  b) Molar  
   c) First pre Molar  d) Second pre Molar

19. “Stensen’s duct” is otherwise called as
   a) Parotid  b) Sub-lingual  
   c) Submandibular  d) None

20. The blueprint of human is made up of
   a) DNA  b) RNA  
   c) Cells  d) Peptides

21. Who is father of Basketball is?
   a) James Nair Smith  b) James Smith  
   c) William Smith  d) Nair James Smith

22. The food enters the digestive tract with
   a) Peristaltic movement  b) Smooth movement  
   c) Wave movement  d) Bowel movement

23. Exchange of gases between blood and cells is
   a) Respiration  b) Inspiration  
   c) Internal Respiration  d) External Respiration 

Prepared by Mr.G.Saravanan.PET &Mr.V.Jaganraj.
24. Exchange of gases between blood and Lungs is
   a) Respiration                        b) Inspiration
   c) Internal Respiration               d) External Respiration

25. Weakened bones can result from an over-secretion of the
   a) Parathyroid gland
   b) Thyroid gland
   c) Adrenal gland
   d) Pancreas

26. Which hormone stimulates the production of Estrogen and Progesterone?
   a) Gonadotropic
   b) Growth hormone
   c) Antidiuretic hormone
   d) Thyroid – stimulating hormone

27. The level of sodium in the blood is regulated by the secretion of
   a) Aldosterone
   b) Cortisol
   c) Oxytocin
   d) None

28. The site of Intelligence is?
   a) Cerebrum
   b) Medulla
   c) Cerebellum
   d) Cortex

29. How many cranial nerves are there in our body
   a) 9 pairs
   b) 10 pairs
   c) 12 pairs
   d) 14 pairs

30. Which gland will produce melatonin?
   a) Pineal gland
   b) Pancreas
   c) Adrenal gland
   d) Thyroid gland

31. The dome-shaped muscle that plays an important role in breathing is the
   a) Diaphragm
   b) Alveolus
   c) Larynx
   d) Bronchus
32. Exercise is important for cardiovascular health because it
   a) Strengthens heart muscle       b) Increases BP
   c) Slows heart beat              d) None

33. RBC counts
   a) 4 Million to 6 Million        b) 4 Lakhs to 6 Lakhs
   c) 4,000 to 6,000                d) 1.5 Lakhs to 6 Lakhs

34. In Sparta, at the birth the child was inspected by
   a) State officials              b) A king
   c) Relatives                    d) Slaves

35. In Sparta, how many boys were comprised in each company
   a) 64                         b) 54
   c) 56                         d) 50

36. In Sparta, the troop leaders were under direct control of the special state officer called
    a) Paidonomus                 b) Paid tribe
    c) Leader                     d) Eiren

37. In which age the Spartan was eligible for election to the senate
    a) 50 years                   b) 60 years
    c) 30 years                   d) 55 years

38. The Didascaleum schools run by
    a) Private                    b) Government
    a) Private & Government       d) Military

39. In palaestra school, the boys were practiced by the
    a) With cloths                b) Without any cloths
    c) With shirts                d) Full uniform only

Prepared by Mr.G.Saravanan.PET & Mr.V.Jaganraj.
40. In Athens, In palaestra school was managed and controlled by its proprietor called
   a) Paidonomus  b) Paid tribe
   c) Ephebus     d) Eiren

41. “Barna-Bellack cup” is associated with game of
   a) Hockey      b) Football
   c) Table Tennis d) Badminton

42. “Narang cup” is associated with game of
   a) Hockey      b) Football
   c) Table Tennis d) Badminton

43. “Benson and Hedges cup” is associated with game of
   a) Hockey      b) Football
   c) Basket Ball  d) Cricket

44. In Athens generally the palestra were located at places where facilities for
   a) Swimming and bathing b) Running track and swimming
   c) Swimming pool       d) Boxing ring

45. The Didascaleum schools the curriculum consisted
   a) Reading      b) Writing
   c) Arithmetic   d) All this above

46. Hormos was done in honour of __________
   a) Diana       b) Hormos
   c) Jesus       d) King of Pisa
47. Choose the correct statement

1) Retinol is vitamin A
2) Gopalamin is vitamin B9

a) 1 only    b) 2 only
   c) Both     d) None of these

48. Choose the Wrongly matched pair

1) Auckland Cricket Ground - Australia
2) Lords Cricket Ground - England
3) Durban Cricket Ground - South Africa
4) Perth Cricket Ground - Australia

a) 1 Only    b) 3 & 4 Only
   c) 3 Only   d) 3 & 2 Only

49. The ABO blood group was discovered by

a) Hansteiner    b) Hans Vaely
   c) Looreiner   d) Landsteiner

50. Which is the following bones is considered a sesamoid bone

a) Patella     b) Femur
   c) Ethmoid    d) Maxilla

You want more Details please contact:

G.SARAVANAN, PET.

CELL No-9843175552.

____________________________ALL THE BEST____________________________

Prepared by Mr.G.Saravanan.PET & Mr.V.Jaganraj.
# PHYSICAL EDUCATION TEST-10, ANSWER KEY.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>D</td>
<td>26</td>
<td>A</td>
</tr>
<tr>
<td>2</td>
<td>D</td>
<td>27</td>
<td>A</td>
</tr>
<tr>
<td>3</td>
<td>D</td>
<td>28</td>
<td>A</td>
</tr>
<tr>
<td>4</td>
<td>A</td>
<td>29</td>
<td>C</td>
</tr>
<tr>
<td>5</td>
<td>A</td>
<td>30</td>
<td>A</td>
</tr>
<tr>
<td>6</td>
<td>B</td>
<td>31</td>
<td>A</td>
</tr>
<tr>
<td>7</td>
<td>B</td>
<td>32</td>
<td>A</td>
</tr>
<tr>
<td>8</td>
<td>B</td>
<td>33</td>
<td>A</td>
</tr>
<tr>
<td>9</td>
<td>B</td>
<td>34</td>
<td>A</td>
</tr>
<tr>
<td>10</td>
<td>B</td>
<td>35</td>
<td>A</td>
</tr>
<tr>
<td>11</td>
<td>A</td>
<td>36</td>
<td>A</td>
</tr>
<tr>
<td>12</td>
<td>B</td>
<td>37</td>
<td>B</td>
</tr>
<tr>
<td>13</td>
<td>B</td>
<td>38</td>
<td>A</td>
</tr>
<tr>
<td>14</td>
<td>D</td>
<td>39</td>
<td>B</td>
</tr>
<tr>
<td>15</td>
<td>D</td>
<td>40</td>
<td>B</td>
</tr>
<tr>
<td>16</td>
<td>C</td>
<td>41</td>
<td>C</td>
</tr>
<tr>
<td>17</td>
<td>B</td>
<td>42</td>
<td>D</td>
</tr>
<tr>
<td>18</td>
<td>A</td>
<td>43</td>
<td>D</td>
</tr>
<tr>
<td>19</td>
<td>A</td>
<td>44</td>
<td>A</td>
</tr>
<tr>
<td>20</td>
<td>A</td>
<td>45</td>
<td>D</td>
</tr>
<tr>
<td>21</td>
<td>A</td>
<td>46</td>
<td>A</td>
</tr>
<tr>
<td>22</td>
<td>A</td>
<td>47</td>
<td>A</td>
</tr>
<tr>
<td>23</td>
<td>C</td>
<td>48</td>
<td>A</td>
</tr>
<tr>
<td>24</td>
<td>D</td>
<td>49</td>
<td>D</td>
</tr>
<tr>
<td>25</td>
<td>A</td>
<td>50</td>
<td>A</td>
</tr>
</tbody>
</table>

You want more Details please contact :

G.SARAVANAN, PET.

CELL No-9843175552.

Prepared by  Mr.G.Saravanan.PET & Mr.V.Jaganraj.