

**PHYSICAL EDUCATION TEST-8**

1.The Indian Women whom won the bronze medal in 2015 World chess competition ?

- a)D.Harika b)K.Radha c)S.Reshmi d)V.Hambi

2.Protein present in human hairs and nails is

- a)Kolagen b)Diyarisin c)Keratin d)Hareal

3.2018 World cup Hockey will be held in

- a)Germany b)New Delhi c)Bhubaneswar d)Netherland

4.Which of the part controls the In voluntary action of our body ?

- a)Medulla Oblongata b)Cerebrum c)Cerebellum d)Hypothalamus

5.Which of the following is not a vitamin deficiency disease?

- a)Marasmus b)Scurvy c)Rickets d)Anemia

6.Choose the correct statement

- 1)Retinol is vitamin A 2)Phylloquinone takes part oin blood clotting

- a) 1 only b) 2 only c)Both d)None of these

7. Choose the correct statement

- 1)Blood cells are three types  
2)Platelets are manufactured in Red Bone Marrow.  
3)Life span of RBC is 120 days

- a) 1 only b) 2 only c) 3 only d) all of these

8.Cell wall is made up of ?

- a)Protein b)Fat c)Carbohydrate d)None of these

9.Name the vitamin which is called as parahormone ?

- a) Vitamin D b) Vitamin A c) Vitamin B d) Vitamin E

10. The distance of take over zone in relay races are

- a)10 m b)20 m c)30 m d)5 m

11. The height of the men Participating in steeplechase shall be  
a)0.84 m b)0.91 m c)0.762 m d)1.22 m
12. .The height of the women Participating in steeplechase shall be  
a)0.84 m b)0.91 m c)0.762 m d)1.22 m
13. The standard distance of in steeplechase shall be  
a) 2000m & 3000 m b) 1500 m & 3000m c) 3000 m d)None of these
14. "Davis cup" is associated with  
a)Lawn tennis b)Table tennis c)Cricket d)Golf
15. "Vijay merchant Trophy" is associated with  
a)Lawn tennis b)Table tennis c)Cricket d)Hockey
16. The over in which the bowler concedes no run is  
a)Wicket b)Maiden c)Hat trick d)No ball
17. The simple catch, easily taken by a fielder is  
a)Catch b)Simple catch c)Dolly catch d)Super catch
18. Before completing 3<sup>rd</sup> run in cricket, the batsman is caught out, he will be awarded  
a) 3 runs b) 2 runs c) One Short run d)No run
19. Health related fitness does not include  
a)Endurance b)Speed c)Flexibility d)Body composition
20. The term "Dead ball" is used in  
a)Lawn tennis b)Table tennis c)Cricket d)Hockey
21. In human body, which is the largest salivary gland?  
a)Parotid b)Sub maxillary c)Sub lingual d)None of these
22. Which of the following enzyme is not found in the intestinal juice?  
a)Sucrose b)Lactic Acid c)Maltose d)Peptidase
23. Which of the following substance does not found in sweat?  
a)Hcl Acid b)Lactic Acid c)Urea d)Uric Acid

24. Which of the Muscles helps in Inspiration?

- 1) Internal Inter-Costal Muscle    2) External Inter-Costal Muscle  
3) Scalene    4) Transverse thoracis  
a) 1 Only    b) 2 Only    c) 2&3 Only    d) 1&3 Only

25. Choose the currently matched

- 1) True ribs-One to seven  
2) False ribs-Eight to ten  
3) Floating ribs-Eleven to twelve  
a) 1 Only    b) 2 Only    c) 2&3 Only    d) All of these

26. The amount of blood approximately ,received by the Kidney for every minute is

- a) 5 liters    b) 3 liters    c) 12.50 liters    d) 1.250 liters

27. Which of the following helps to regulate Acid-Base Balance in Human body?

- a) Kidney    b) Brain    c) Lungs    d) Heart

28. Choose the Wrongly matched pair

- 1) 12- Thoracic  
2) 05- Lumba  
3) 07- Sacral  
4) 04- Coccygeal

a) 1 Only    b) 2 Only    c) 3 Only    d) 1&3 Only

29. Choose the Wrongly matched pair

- 1) Limba ram- Archery  
2) Sania Mirza- Table tennis  
3) Aditi Chukhan- Foot ball  
4) Anup kumar - Cricket

a) 1 Only    b) 2 & 4 Only    c) 3 Only    d) 1&3 Only

30. Choose the Wrongly matched pair

- 1) Melbourne Cricket Ground- Australia
  - 2) Lords Cricket Ground - England
  - 3) Harare Cricket Club- South Africa
  - 4) Eden Garden Cricket Ground - Bangladesh
- a) 1 Only    b) 3 & 4 Only    c) 3 Only    d) 3&2 Only

31. Mitochondria plays an important role in cell respiration and?

- (A) Metabolic functions                      (B) Production of energy  
(C) Elimination of carbon dioxide        (D) Neuro-transmission

32. Joint in nervous system is called?

- (A) Synapse                                      (B) Mazelin fiber  
(C) Axon                                         (D) Impulse

33. The Diabetes occurs due to non- functioning of?

- (A) Pancreas                                      (B) Liver  
(C) Lungs                                         (D) Spleen

34. The first woman player who got Arjun Award is?

- (A) Merry Stephi D'Souza                      (B) Kamajjit Sandhu  
(C) P. T. Usha                                      (D) Bala Shambha

35. Potassium content of the body is about—

- (A) 200gm                                      (B) 175gm  
(C) 150gm                                      (D) 125gm

36. Shivaji Stadium in Delhi is related with the game of?

- (A) Football                                      (B) Cricket  
(C) Hockey                                        (D) Boxing

37. The weight of a Basket Ball is—

- (A) 400-500 ounce                              (B) 500-600 gm  
(C) 567-650 ounce                              (D) 567-650 gm

38. Which of the following game's playground has 'bonus line'?

- (A) Basketball                                      (B) Hockey  
(C) Kabaddi                                        (D) Volleyball

39. Structural and functional unit of kidney is?

- (A) Nephron                                        (B) Neuron  
(C) Mitochondria                                (D) Epidermis

40. In voluntary muscles are  
a)Skeletal muscle b)Thigh muscle c)Cardiac muscle d)none of these
41. The length of the Badminton Doubles is \_\_\_\_\_  
a)13.40x5.18 m b) 13.40x6.10 m c)13.40 m d) 13.40x6.18 m
42. “ Pattala” is otherwise name as  
a)Shin bone b) Knee cap c)Toe bone d)None of these
43. “Merdeka cup” is associated with  
a) Lawn tennis b) Cricket c) Table tennis d) Football
44. Total number of matches in single league tournament of 5 teams will be  
a) 10 b) 25 c) 28 d) 30
45. “ Rovers Cup” is associated with game of  
a)Badminton b)Football c)Cricket d)Basketball
46. The Name of Valve between Right atrium and Right ventricle is  
a)Tricuspid valve b)Aortic valve c)Pulmonary valve d)Mitral valve
47. In Human body, which part responsible for Heart beat is  
a)Cerebrum b) Cerebellum c) Medulla d) None of these
48. Nepron is a microscopic Structure of  
a) Lungs b) Heart c) Kidney d) Liver
49. In Human body, which part responsible for Body movement is  
a)Cerebrum b) Cerebellum c) Medulla d) None of these
50. A test measure what it intent to measure is  
a)Validity b)Reliability c)Objectivity d)Norms

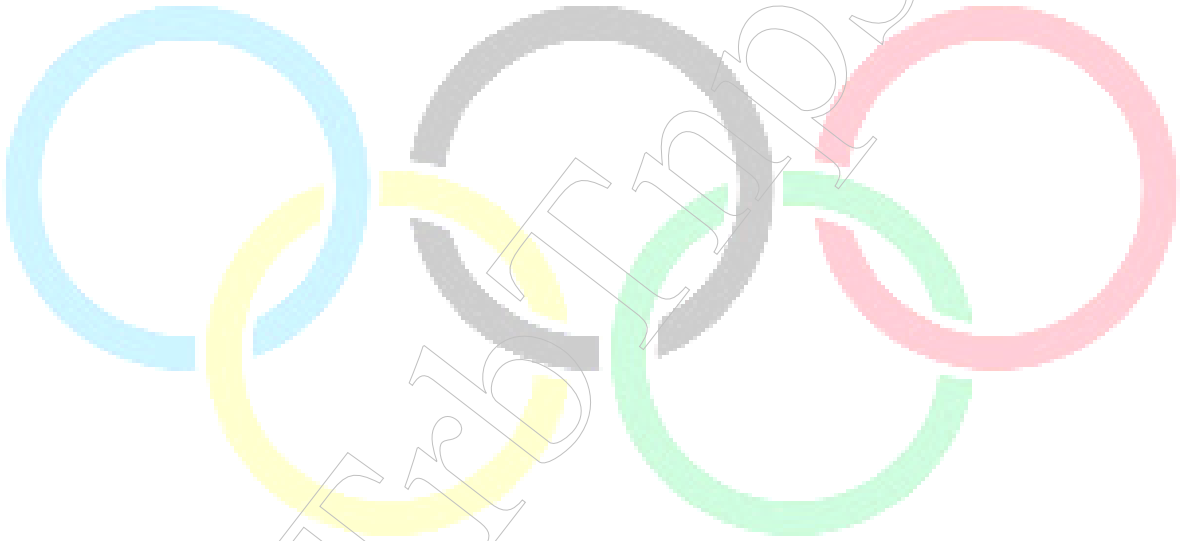
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**G.SARAVANAN, PET.**

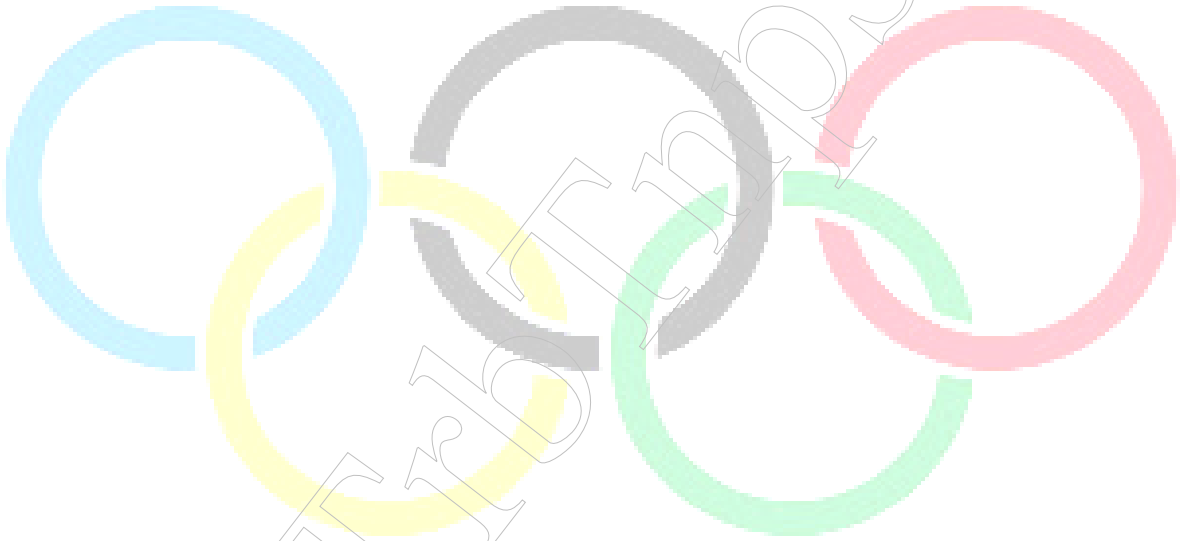
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\_\_\_\_\_ ALL THE BEST \_\_\_\_\_

<b>PHYSICAL EDUCATION TEST-8, ANSWER KEY.</b>			
1	A	26	D
2	C	27	A
3	C	28	C
4	A	29	B
5	A	30	B
6	C	31	B
7	D	32	A
8	C	33	A
9	A	34	A
10	B	35	A
11	A	36	C
12	C	37	D
13	A	38	C
14	A	39	A
15	C	40	C
16	B	41	C
17	A	42	B
18	D	43	D
19	B	44	A
20	C	45	B
21	A	46	A
22	D	47	C
23	A	48	C
24	C	49	B
25	D	50	A



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